### **VFW Center Township Post 6158**

8990 Kruitof Way Fair Oaks, CA 95628



# Pot Shot

# April 2024

VFW Post 6158	VFW Post Housing Committee Meeting: 7 pm, 1 <sup>st</sup> Tuesday each month VFW Post General Membership Meeting: 7 pm, 2 <sup>nd</sup> Tuesday each month
VFW Aux 6158  UNIVAVERING SUPPORT  FOR UNCOMMON HEROES	VFW Auxiliary Membership Meeting: 6:30 pm, 2 <sup>nd</sup> Tuesday each month
AL Post 383	American Legion Executive Committee Meeting: 7 pm, 3 <sup>rd</sup> Tuesday each month  American Legion General Membership Meeting: 7 pm, 4 <sup>th</sup> Tuesday each month
ALA. Unit 383	American Legion Auxiliary Membership Meeting: 6 pm 4 <sup>th</sup> Tuesday each month
AL Riders 383	American Legion Riders Membership Meeting: 8 pm, 4 <sup>th</sup> Tuesday each month

### **Commander's Corner**

Michael Moore Commander, Post 6158

Welcome back folks. Well, another month in the books and our Post is thriving again, thanks to all. We are on our way to being a better Post in so many ways such as financial stability, member participation and Post improvements. Speaking of improvements, if you are a handyman and would like to help maintain our Post, please contact me.

Just another reminder that nominations and elections are coming up, if you are interested, please step up and make your intentions known, as we have seventeen positions that need to be filled, that's a lot, but we have been here before. So, if you are interested, please let us know.

I just want to let it be known to all, how proud and pleased I am with everyone who frequents our Post to allow us to be successful and we can look forward to a happy future after all we have been through. If you should have suggestions that could improve our Post, I will always listen even if you are not a member.

I would also like to thank everyone who is volunteering their time to make our Post a better place. We need more people to get involved as we always have room for Post improvements, your involvement could make a difference.

As always, you can reach me for any reason about our Post. my contacts are phone 916-969-7003 or email <a href="mailto:Blackandgold46@gmail.com">Blackandgold46@gmail.com</a>.

In closing, I would again like to say, "welcome back Post 6158, let's have a fantastic new year!"

### Thank You

By Gini Philip

We just had the carpet and tile cleaned in the bar area and game room of the Post. Valley Carpet Care at 5901 Rosebud Lane, Sacramento, CA 95841, 916-965-1411 They did an outstanding job! Looks like new tile.

### **Rummage Sale**

By Linda Rucker

We are having our rummage sale in June or July. The date will be announced soon. Please start saving your donations and we will store them at the Post. You can contact me at 916-247-3542 and I can meet you there. Thank you.

# VFW & Auxiliary Officer Nominations & Voting

We are asking our members to step up and serve as an officer, nominate your officers and vote. The VFW nominations are on April 9, 2024, and voting on May 14, 2024, both at their monthly meetings at 7 pm. The VFW starts serving their new term after the department convention and installation of new officers. The Auxiliary has both nominations and elections on April 9, 2024, at their 6:30 pm monthly meeting and will start serving their new term on July 1<sup>st</sup>. A great thank you to our current officers for serving. We will be planning our installation of new officers' event soon.

# Come Join Our Joint Entertainment Committee!

By Cynthia Juarez

We are asking for volunteers from all of our Post memberships including our VFW and auxiliary members, and our American Legion, American Legion Riders and American Legion Auxiliary to join our first joint entertainment committee meeting on April 2, 2024, at 5:30 pm. We would like to work together and start planning fundraising and special events that would recognize and financially benefit all of our membership associations.

### VFW Auxiliary and ALA Chaplain.

By Denise Verbeck

Thank you, members, for the honor of being your Chaplain for both Auxiliaries! If you or someone you know from our organization is in the hospital, sick at home, or going through a tough patch, please contact me with their information. Also please call or email if a close relative has died. Prayers for comfort and peace. You can reach me at Deniseverb@aol.com or call 916-967-5110.

### **BBQ** and Boots.

By Denise Verbeck

Do you have a restaurant or store you frequent? Or do you have gift cards or gifts that you may not want to use? We have donation letters for BBQ and Boots behind the bar that you can give to businesses. Be sure to add your contact information. Gifts and donations will be collected by Denise Verbeck the last week of March (March 25<sup>th</sup> to April 1<sup>st</sup>). Please email <a href="mailto:deniseverb@aol.com">deniseverb@aol.com</a> or call my landline at (916) 967-5110 with questions or drop off info.



### 1 Day Spring Standdown

for Homeless & at-Risk Veterans, Guard, & Reserve

April 12, 2024 Hours: 0900 – 1300





### Sacramento Stand Down Warehouse

5931 Recreation Way, McClellan Park, CA 95652

### **Support Services being Provided:**

\* Lunch

- \* Housing/Employment Services
- \* Clothing Distribution
- \* Other community providers

For more information call: (916) 389-8917 or check the web at: https://www.sacramentostanddown.org/

NOTE: All animals must be leashed.



**Food Security Matters National Collaboration**: March is also National Nutrition Month ® and National Social Work Month. Care Management and Social Work Services, National Social Work Program and the VHA Nutrition and Food Services are supporting efforts to bring awareness to food security matters during the month of March.

Please join VA's Center for Development and Civic Engagement by Celebrating our Social Workers and National Nutrition Month by donating to our newest project, Martinez HUD VASH Food's Pantry. Below are our preferred donations.

Peanut Butter/Sun Butter	Oatmeal	Jam or Jelly- Plastic	
Ramen Noodles	Cereal	Canned Beans	
Dry Pasta	Applesauce	Granola or Protein Bars	
Instant Macaroni &	Canned Fruit or Fruit Cups	Bags of Dry Beans	
Cheese	Dried Fruit	Nuts	
Instant Rice Cups	Fruit Roll Ups	Oil or Nonstick Spray	
Peanut/Cheese Crackers	Cracker Snack Packs	Powdered Eggs	
Canned Tuna	Single Serve Packets of	Water 100% Juice	
Canned Chicken	Cookies		
Canned Beef, Beef Jerky	Canned Vegetables	Seasonings	
Butter Crackers	Instant Coffee	Reusable Shopping Bags Ketchup/Mustard-Plastic	
Vienna Sausages	Canned/Single Serve		
Canned Pasta	Soups		

For more information on how to donate to the Martinez HUD VASH Food Pantry, please contact VA Center for Development and Civic Engagement at 925-372-2198 or 916-366-5372.

## VA's COMPASSIONATE CONTACT CORPS

**Telephone Friendly Visitor Program** 

Veterans- Are you feeling lonely? Lack companionship? Feel isolated

### Facts about LONELINESS

- · You're not alone- half of US Veterans feel lonely
- · Chronic loneliness puts you at higher risk for physical health problems
- Loneliness can lead to depression and even suicidal thoughts



If you are feeling lonely, VA is here to help.

VA's Compassionate Contact Corps can match you with a trained VA volunteer for weekly friendly phone calls. Ask any VA provider about a referral to this program!







#### **AMERICAN LEGION FAIR OAKS POST 383**

### BBQ & BOOTS DINNER DANCE

# Saturday, April 13th, 2024

VFW Veterans Hall - 8990 Kruitof Way, Fair Oaks (Off Hazel) Saloon Opens at 5 PM, Dinner at 6PM,

Country Music at 7 with the Fabulous <u>Brisco County Band!</u>
BBQ Sirloin Steak or Chicken with Yummy Side Dishes & Desserts
Catered by Texas Roadhouse



Only \$40 Per Person & \$25 for Children Under 12.

Tickets are limited. Always a Sell-Out! Cash or Check Only.

More Than 25 Drawings for Sensational Prizes!

For Tickets, Visit the VFW Veterans Hall, or For Information,

Call Our AL 383 Commander, Don Lemmon, at

(916) 825-2977 & Leave a Message

#### YOUR DONATION BENEFITS OUR COMMUNITY'S VETERANS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
Month of the Military Child Military Saves Month	6 pm Chicken Gorgonzola Karaoke April Fool's Day	5:30 pm Entertainment Committee Meeting 7 pm VFW House Committee Meeting		6 pm Prime Rib Karaoke	Gold Star Spouses Day	
7	8	9	10	11	12	13
	р	6:30 pm VFW AUX Meeting 7 pm VFW Post Meeting		6 pm Lasagna Karaoke	9 am – 1pm Sacramento Standdown	Open 5 pm Dinner 6 pm Music 7 pm BBQ & Boots Dinner & Dance
14	15	16	17	18	19	20
9 am – Noon Biscuits & Gravy Brunch  Air Forces Reserve Birthday	6 pm Meatloaf Karaoke Tax Day	7 pm AL Board Meeting Emancipation Day		6 pm BBQ Brisket Karaoke		Pot Shot Articles Due
21	22	23	24	25	26	27
	6 pm Swedish Shepherd's Pie Karaoke Earth Day Passover begins at sundown	6 pm ALA Meeting 7 pm AL Post Meeting 8 pm AL Riders Meeting	Administrative Professionals Day	6 pm Baby Back Ribs Karaoke Take Our Daughters and Sons to Work Day	Arbor Day	National Devil Dog Day
28	29	30				
	6 pm Chicken Parmesan Karaoke					

The Calendar is subject to change. Check the web site, Facebook, or the white board for more Information, Post Phone 916-966-1663



**Pot Shot Deadline:** Please e-mail your May newsletter articles, menus, and photos by April 20<sup>th</sup> for the May issue. to Donna at <a href="mailto:billndonna@comcast.net">billndonna@comcast.net</a>.